

MIDSHIPMAN HANDBOOK

Fall 2025



UNIVERSITY OF MARYLAND

NAVAL ROTC

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CHAPTER I - INTRODUCTION

1.1 MISSION OF NROTC

To develop future officers mentally, morally, and physically, and to instill in them the highest ideals of duty, loyalty, and the core values of Honor, Courage, and Commitment in order to commission college graduates as Naval Officers who possess a basic professional background, are motivated toward careers in the Naval Service, and have a potential for future development in mind and character so as to assume the highest responsibilities of command, citizenship, and government.

1.2 HONOR CONCEPT

The core values of the United States Navy are **Honor, Courage, and Commitment**. As a Midshipman, you are to uphold and embody these core values during your time at the University to prepare yourself for service as a Naval Officer. All Midshipmen signed the following NROTC Concept of Honor upon reporting to the unit:

“A Midshipman is a person of integrity and stands for that which is right. I tell the truth and ensure that the full truth is known, I do not lie. I embrace fairness in all actions. I ensure that work submitted as my own is my own, and that assistance received from any source is authorized and properly documented. I do not cheat. I respect the property of others and ensure that others are able to benefit from the use of their own property. I do not steal.”

Additionally, the University of Maryland has an Honor Pledge, which all students are to abide by at all times:

“I pledge on my honor that I have not given or received any unauthorized assistance on this assignment/examination.”

If found in violation of the Honor Concept or the Honor Pledge, Midshipmen will be turned over to the Office of Student Conduct as well as subject to a Performance Review Board.

1.3 EMERGENCY CONTACTS

1/C, 3/C Advisor LT Cisneros - bcisnero@umd.edu

2/C, 4/C Advisor LT Roselle - groselle@umd.edu

MOI CAPT Weiner - jweiner4@umd.edu

AMOI GySgt Arteaga - arteaga7@umd.edu
HRA Mr. Coberly - tcoberly@umbc.edu - (410) 979-9720
Supply Tech Ms. Trawick - vtrawick@umbc.edu - (410) 455-1433

1.4 MARYLAND CONSORTIUM MIDN ROSTER

The roster of all Midshipmen, Officer Candidates, and MECEP contact information is to be updated frequently with correct information.

The MD Consortium Battalion Slate and Email List can be found in Appendix B and is linked here:

[Appendix B - Fall 2025 BN Slate and Roster.pdf](#)

[Appendix B - Fall 2024 BN Email List.pdf](#)

1.5 BILLET STRUCTURE

A document displaying the assignments of Midshipman billets is to be published every semester after approval from the unit staff.

The Billet Structure for Fall 2025 is attached as Appendix B - Fall 2025 BN Slate and Roster.

CHAPTER II - ADMINISTRATION

2.1 COURSE REQUIREMENTS

2.1.1 NAVAL SCIENCE COURSES

All Midshipmen are required to complete the following classes:

Navy Option	Marine Option
NAVY 100 Introduction to Naval Science	NAVY 100 Introduction to Naval Science
NAVY 101 Sea Power and Maritime Affairs	NAVY 101 Sea Power and Maritime Affairs
NAVY 200 Leadership and Management	NAVY 200 Leadership and Management
NAVY 201 Navigation	NAVY 302 Evolution of Warfare
NAVY 300 Naval Ship Systems I (Engineering)	NAVY 402 Fundamentals of Maneuver Warfare
NAVY 301 Naval Ship Systems II (Weapons)	NAVY 401 Leadership and Ethics (1/C only)
NAVY 400 Naval Operations and Seamanship	
NAVY 401 Leadership and Ethics (1/C only)	
NAVY 108 Naval Science Leadership Lab (all applicable semesters)	NAVY 108 Naval Science Leadership Lab (all applicable semesters)

2.1.2 SPECIFIED COURSES

English: All MIDN are required to complete 2 semesters of English. This coincides with the General Education requirement by the University to complete an Academic Writing and Professional Writing course.

American History or National Security Policy: All MIDN are required to complete 3 credits of American History or National Security Policy. Courses that fulfill this requirement must be approved by the CO.

World Culture and Regional Studies: All MIDN are required to complete 3 credits of World Culture and Regional Studies. Courses that fulfill this requirement must be approved by the CO. Project GO also fulfills this requirement and must be noted on the Degree Completion Plan.

A comprehensive list of classes fulfilling the American History or National Security Policy, as well as the World Culture and Regional Studies credits can be found in Appendix J, and has been linked here:

[American History/National Policy and World Culture/Regional Studies Courses](#)

Navy Option Students are required to complete 2 semesters of calculus by the end of their 3/C year. At the University of Maryland, MATH 140 (Calculus I) and MATH 141 (Calculus II) fulfill this requirement.

Navy Option students are required to complete 2 semesters of physics by the end of their 2/C year. At the University of Maryland, PHYS 161 (General Physics I) and PHYS 260 (General Physics II) with PHYS 261 (General Physics II Laboratory) fulfill this requirement.

2.2 ACADEMIC ENHANCEMENT PROGRAM (AEP)

All MIDN must maintain a GPA of 2.5 or greater. Failure to meet this minimum or failure of a course required for commissioning will result in disciplinary action such as Academic Probation or LOA.

4/C MIDN must attend 1 hour of AEP each week. MIDN on Academic Probation must attend 1 hour of AEP each week and complete additional tutor/study hours in accordance with their Academic Probation agreement, signed at Beginning of Semester advising. All MIDN must complete 2 hours of tutoring per calculus/physics course they are currently taking.

During the Fall 2025 semester, AEP is conducted in the Navigation Room at 1715 on Wednesdays.

2.3 CAMPUS RESOURCES

Academic resources for UMD students: Math Success Program, MathNet Test Bank, Guided Study Session/GSS program, Slawsky Clinic (physics), 1-on-1 Private Tutoring, The Writing Center, The Grammar Hotline, OMSE Online Tutoring,

<https://tutoring.umd.edu/>,
<http://cmns.umd.edu/undergraduate/academic-support-tutoring>

2.4 TUITION AND REGISTRATION

The NROTC scholarship covers full tuition and fees. NSTC also offers an option for MIDN to receive room and board at “the rate of the institution’s room and board cost OR \$11,500, whichever is LESS.”

MIDN should use the “Appointment and Registration Status” link on Testudo to check when their registration appointment is and if there are any blocks to register. If registration is not yet available, MIDN should note the date on Testudo when registration will be available.

2.5 STIPEND AND TEXTBOOK PAY

Scholarship MIDN receive a monthly stipend paid in half biweekly. This amount depends on the benefit year: 1st year will receive \$250/month, 2nd year will receive \$300/month, 3rd year will receive \$350/month, 4th year will receive \$400/month. Additionally, scholarship MIDN receive a \$750 textbook stipend per academic year (\$375 per semester).

All stipend issues should be brought to the attention of the Midshipman’s class advisor and the HRA.

2.6 PRE-COMMISSIONING MEDICAL

Scheduling and completing their medical appointments for commissioning is the responsibility of each commissioning Midshipman. Failure to complete this process may delay a Midshipman’s commissioning. This process will be different for each warfare community assignment. MIDN commissioning into the aviation pipeline must complete a flight physical completed by a flight surgeon. MIDN commissioning into the nuclear pipeline must complete a physical by an Undersea Medical Officer. All commissioning MIDN must coordinate with unit staff and HRA to schedule their required medical appointments.

2.7 SPECIAL REQUEST CHIT

Special request chits are used to document a Midshipman’s intention or desire for special consideration or authorization. Common uses are traveling a distance greater than 250 miles from the unit or to take a summer/winter course. All special request chits should be passed up the Chain of Command.

A blank special request chit can be found in Appendix G. An example special request chit can be found in Appendix E.

CHAPTER III - MIDSHIPMEN OPERATIONS

3.1 PHYSICAL TRAINING

3.1.1 IMPORTANCE OF PT

A high level of fitness is a critical aspect of maintaining any combative force. It is imperative for Sailors and Marines, especially those in leadership positions, to be physically ready for any mission which may present itself.

In order to maintain this level of fitness, MIDN must focus on all aspects of fitness. This includes, but is not limited to, cardiovascular endurance, muscular strength and endurance, flexibility, a healthy and sustainable diet, and mental health. Poor performance in one of these categories may affect the ability to succeed in others, so it is of utmost importance to ensure all of these aspects are sustained.

3.1.2 FITNESS TESTS

PRT. The Physical Readiness Test (PRT) is the standardized fitness test for the Navy. It tests the ability of the Sailor to complete the maximum amount of pushups in 2 minutes, execute a plank for a set duration of time, as well as complete a 1.5-mile run. Details on this test can be found at the link below:

https://www.mynavyhr.navy.mil/Portals/55/Support/21stCenturySailor/Physical/Guide%205-Physical%20Readiness%20Test-MAR%202021.pdf?ver=svExd6Sl4a8QgH_6leyxyA%3D%3D

PFT/CFT. The Physical Fitness Test (PFT) is the standardized fitness test for the Marine Corps. It tests the ability of the Marine to complete the maximum amount of pullups, execute a plank for a set duration of time, as well as complete a 3-mile run. The Combat Fitness Test (CFT) is another standardized fitness test for the Marine Corps. It evaluates the ability of the Marine to complete various strenuous physical tests which simulate tasks found in a combat environment. Detailed information on these tests can be found at the link below:

https://www.fitness.marines.mil/PFT-CFT_Standards17/

3.1.3 DIET

Maintaining a healthy and sustainable diet is an important aspect of fitness. This will enable MIDN to effectively recover from physical activity, stay awake and energized throughout the day, and support important bodily functions. More information on dieting can be found below:

<https://www.med.navy.mil/Navy-Marine-Corps-Public-Health-Center/Population-Health/Health-Promotion-and-Wellness/Healthy-Eating-for-Your-Lifestyle/>

3.1.4 BASIC PT INFORMATION

PT is conducted at both the Battalion and Company level. Battalion PT sessions occur at 0630 on Tuesday mornings and Company PT sessions occur at 0630 on Wednesday mornings. PT sessions are held at a variety of locations on the University of Maryland Campus. These include, but are not limited to, Chapel Fields, Kehoe Track, Xfinity Center, Ritchie Coliseum, and Eppley Recreation Center. See Appendix E for common muster locations.

3.1.5 CAMPUS FITNESS RESOURCES

University of Maryland offers many resources for students to maintain their physical fitness through the Recreation and Wellness program. UMD offers two campus gyms with Eppley Recreation Center and Ritchie Coliseum available to students throughout the day. UMD also offers specific fitness programs and classes (see link below) that are also available to all students through Recreation and Wellness. UMD also has numerous popular running routes including a loop around campus and the Lake Artemesia Trail.

UMD Recreation and Wellness: <https://recwell.umd.edu/>

Fitness Programs: <https://recwell.umd.edu/programs-activities/fitness>

3.2 LEADERSHIP LAB

Leadership Lab is a weekly meeting with all Midshipmen, MECEPs, OCs, unit staff, and stashed Ensigns. Midshipmen are briefed on important general military training, develop leadership skills through public speaking and mentorship exercises, as well as discuss ethics, career options, and current events.

Leadership Lab is typically on Thursdays at 0650-0750, with formation being at 0640 at the Edward St. John Teaching and Learning Building. Any changes made are reflected in the Plan of The Week document distributed by the Operations Officer.

3.3 DRILL

Drill is an important aspect of a Midshipman's career to increase teamwork skills, attention to detail, and proper execution of orders. Drill is held on Thursdays from 0530-0630 in Reckord Armory. All 3/C and 4/C MIDN are required to attend, along

with all MIDN who plan to participate in an upcoming Military Excellence Competition (MEC).

MECs are an opportunity for MIDN from the unit to compete against other ROTC units in various events including drill and athletics. MECs allow MIDN to build bonds within the unit and provide the opportunity to network with future colleagues.

Past locations for MECs have been Tulane University (New Orleans, LA), University of Colorado, Boulder (Boulder, CO), Cornell University (Ithaca, NY), and Ohio State University (Columbus, OH).

3.4 URINALYSIS

The Department of the Navy has a zero-tolerance policy toward drug use. The Commanding Officer is authorized to conduct urinalysis for drug screening. When a MIDN is selected for urinalysis testing, they must have an observer. Staff, MIDN 1/C, and E-6 or above are permitted to act as observers. MIDN 1/C who are subjected to urinalysis testing cannot observe on the same day. Upon enrollment in the program, all students will sign a statement concerning pre-service illicit drug use.

Beginning their first term, all MIDN will participate in a randomized drug testing program. In the event that a MIDN tests positive for drugs, a Performance Review Board (PRB) will be immediately convened and the student will be recommended for disenrollment.

3.5 WARDROOM

In the Navy, the Wardroom is where commissioned officers eat their meals and also serves as a room where officers can work and socialize with one another. The Wardroom is also a general term for the Ship's complement of commissioned officers.

The UMD Naval ROTC Wardroom is located in Reckord Armory. The Wardroom provides privileges such as snacks for sale, free printing, and a TV. These can be taken away if these privileges are abused or if the Wardroom is not kept up to standards.

3.6 CUSTOMS AND COURTESIES

Listed below are the custom and courtesies that all Midshipmen are required to follow:

Know the rank structures of all 4 United States military branches and how they are related. Recognize the rank insignia of all military personnel and be able to address them properly. See [section 5.4](#) for additional details.

- Officers are addressed as “Sir/Ma’am”
- Enlisted personnel as “Rank” (e.g. “Good morning, Staff Sergeant”)
- Recognize Midshipmen ranks and be able to address them properly. All MIDN addressed as “Midshipman (Last Name)”
- Navy Midshipman Ranks
 - 4/C: no collar device.
 - 3/C: a single anchor pinned on the left collar.
 - 2/C: two fouled anchors, one on each collar.
 - 1/C: two eagles with anchors, one on each collar.
 - See [section 6.2](#) for MIDN Officer Insignia.

Stand or rise to the position of attention when speaking to officers unless told otherwise.

When walking with a superior, allow the superior to take the position of honor to the right.

Do not lean on an officer’s desk, and ask for permission before being seated.

When responding to officers, reply with:

- “Yes, Sir/Ma’am”
- “No, Sir/Ma’am”
- “Aye, aye Sir/Ma’am”— I understand and will carry out your order.
- “I do not know, but I will find out, Sir/Ma’am”
- “No excuse, Sir/Ma’am”—accept responsibility, don’t blame others.

Always begin emails with “Good (time of day) Sir/Ma’am/Midshipman/Enlisted personnel’s rank and name”

- 0000-1159 “Good morning”
- 1200-1659 “Good afternoon”
- 1700-2359 “Good evening”

End with “Very Respectfully, MIDN (Last Name)”

Always give the greeting of the day to those that are ranked above you.

- 0000-1159 “Good morning Sir/Ma’am/Midshipman (Last Name)”
- 1200-1659 “Good afternoon Sir/Ma’am/Midshipman (Last Name)”

- 1700-2359 “Good evening Sir/Ma’am/Midshipman (Last Name)”

Salute all commissioned officers (of all branches) who are a higher rank than you and when colors are sounded under the following conditions:

- Salute when you are in uniform
- Salute when you are covered
- Salute when you are outside

Understand the importance of following the Chain of Command. (e.g. MIDN should not notify a member of the Triad with concerns before notifying their squad leader.)

Identify and exhibit professionalism at all ROTC evolutions.

Exhibit proper etiquette around the unit and outside of the unit.

Arrive on time to all appointments and evolutions.

Do not wear any unapproved items while in uniform (headphones, jewelry, scarves, etc.)

Do not chew gum in uniform.

Do not eat/drink or text/talk/listen to music on your phone while you are walking in uniform. If you must, stop walking and stand off to the side..

Covers are worn outside and in formation. Covers are not worn inside.

3.7 TRAINING REQUIREMENTS

All MIDN are required to complete the Training Department requirements outlined by TRAINO at the beginning of each semester. Spring 2025 requirements are as follows:

- Must earn at least eight (8) credits as a 4/C or 3/C MIDN, and four (4) credits as a 2/C or 1/C MIDN.
- Must attend at least one (1) off-campus FEX. Each FEX will count as two (2) credits.
- Club events count as one (1) credit each.
- Two non-mandatory MCMAP attendances count as one (1) credit. Up to a maximum of one (1) credit.
- Two non-mandatory Drill attendances count as one (1) credit. Up to a maximum of one (1) credit.

All 4/C MIDN are required to attend Drill and 4/C development. All Marine Option MIDN are required to attend MCMAP and 4 semesters of drill prior to completing OCS.

CHAPTER IV - PERFORMANCE AND COUNSELING

4.1 COUNSELING CHIT

The purpose of remedial action and counseling is to correct repeated poor behavior. A remedial program provides the MIDN with a more active mentoring/guidance process from the Triad, Company Staff, and Squad Leaders to identify and correct deficiencies.

The counseling process is completed within 3 days of the discrepancy. The Squad Leader will handle the counseling process for an infraction that falls under the basic standard of Midshipman performance and conduct. The Assistant Department Head will handle the process for an infraction that falls under the basic standard of billet performance. If a MIDN has a second refraction, the Company Staff or Department Head will be involved in the counseling process. After three infractions, there will be a formal counseling session conducted with at least two members of the Triad. A formal counseling session may be held without a MIDN receiving three chits if deemed necessary.

Reference UMD Remedial Action document for further clarification on standards and the counseling process (see Appendix H).

Chit forms can be found at Appendix I.

CHAPTER V - GENERAL KNOWLEDGE

5.1 CHAIN OF COMMAND

President - The Honorable Donald J. Trump

Vice President - The Honorable J.D. Vance

Secretary of Defense - The Honorable Pete Hegseth

Secretary of the Navy - The Honorable John Phelan

Chairman, Joint Chiefs of Staff - GEN Dan Caine USA

Chief of Naval Operations - ADM James Kilby

Master Chief Petty Officer of the Navy - MCPON James Honea

Commandant of the Marine Corps - GEN Eric Smith

Sergeant Major of the Marine Corps - SMMC Carlos A. Ruiz

Commander, Naval Education and Training Command - RADM Gregory Huffman

Commander, Naval Service Training Command- CAPT Matthew T. Pottenburgh

Commanding Officer, UMD NROTC- CAPT John T. Gonser

Executive Officer, UMD NROTC- CDR Christopher G. Boehm

5.2 LEADERSHIP TRAITS

The 14 leadership traits are defined by the United States Marine Corps. These traits are essential to have while leading Sailors and Marines in the fleet. Leadership Traits are required knowledge of all Midshipmen in NROTC.

Justice, Judgment, Dependability, Initiative, Decisiveness, Tact, Integrity, Enthusiasm, Bearing, Unselfishness, Courage, Knowledge, Loyalty, Endurance

5.3 LEADERSHIP PRINCIPLES

The 11 Leadership Principles establish the qualities expected of all Naval and Marine Corps Officers. This is required knowledge for all NROTC Midshipmen.

1. Know yourself and seek self-improvement.
2. Be technically and tactically proficient.
3. Develop a sense of responsibility among your subordinates.
4. Make sound and timely decisions.

5. Set the example.
6. Know your Sailors/Marines and look out for their welfare.
7. Keep your Sailors/Marines informed.
8. Seek responsibility and take responsibility for your actions.
9. Ensure assigned tasks are understood, supervised, and accomplished.
10. Train your Sailors/Marines as a team.
11. Employ your command in accordance with its capabilities.

5.4 OFFICER AND ENLISTED RANKS

Officer rank insignias of the United States military

Army, Marines, or Air Force	second lieutenant	first lieutenant	captain	major	lieutenant colonel	colonel	brigadier general	major general	lieutenant general	general
Navy or Coast Guard	ensign	lieutenant junior grade	lieutenant	lieutenant commander	commander	captain	rear admiral lower half	rear admiral upper half	vice admiral	admiral

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E-1	E-2	E-3	E-4	E-5	E-6	E-7	E-8	E-9	SENIOR ENLISTED ADVISORS		
* ARMY *											
no insignia PRIVATE PV1	 PRIVATE E-2 PV2	 PRIVATE FIRST CLASS PFC	 SPECIALIST SPC CORPORAL CPL	 SERGEANT SGT	 STAFF SERGEANT SSG	 SERGEANT FIRST CLASS SFC	 MASTER SERGEANT MSG	 FIRST SERGEANT 1SG	 SERGEANT MAJOR SGM	 COMMAND SERGEANT MAJOR CSM	 SERGEANT MAJOR OF THE ARMY SMA
* MARINE CORPS *											
no insignia PRIVATE PVT	 PRIVATE FIRST CLASS PFC	 LANCE CORPORAL LCPL	 CORPORAL CPL	 SERGEANT SGT	 STAFF SERGEANT SSGT	 GUNNERY SERGEANT GYSGT	 MASTER SERGEANT MSGT	 FIRST SERGEANT 1STSGT	 MASTER GUNNERY SERGEANT MGYSGT	 SERGEANT MAJOR SGTMAJ	 SERGEANT MAJOR OF THE MARINE CORPS SMMC
* AIR FORCE *											
no insignia AIRMAN BASIC AB	 AIRMAN AMN	 AIRMAN FIRST CLASS A1C	 SENIOR AIRMAN SRA	 STAFF SERGEANT SSGT	 TECHNICAL SERGEANT TSGT	 MASTER SERGEANT MSGT	 FIRST SERGEANT E-7	 SENIOR MASTER SERGEANT SMSGT	 CHIEF MASTER SERGEANT CHSGT	 COMMAND CHIEF MASTER SERGEANT CCM	 CHIEF MASTER SERGEANT OF THE AIR FORCE CMSAF
* NAVY *											
no insignia SEAMAN RECRUIT SR	 SEAMAN APPRENTICE SA	 SEAMAN SN	 PETTY OFFICER THIRD CLASS PO3	 PETTY OFFICER SECOND CLASS PO2	 PETTY OFFICER FIRST CLASS PO1	 CHIEF PETTY OFFICER CPO	 SENIOR CHIEF PETTY OFFICER SCPO	 MASTER CHIEF PETTY OFFICER MCPO	 COMMAND MASTER CHIEF PETTY OFFICER FORMC	 FLEET / FORCE MASTER CHIEF PETTY OFFICER FLTHC	 MASTER CHIEF PETTY OFFICER OF THE NAVY MCPON
* COAST GUARD *											
 SEAMAN RECRUIT SR	 SEAMAN APPRENTICE SA	 SEAMAN SN	 PETTY OFFICER THIRD CLASS PO3	 PETTY OFFICER SECOND CLASS PO2	 PETTY OFFICER FIRST CLASS PO1	 CHIEF PETTY OFFICER CPO	 SENIOR CHIEF PETTY OFFICER SCPO	 MASTER CHIEF PETTY OFFICER MCPO	 COMMAND MASTER CHIEF CHC	 AREA / DCO / DCMS COMMAND MASTER CHIEF PETTY OFFICER	 MASTER CHIEF PETTY OFFICER OF THE COAST GUARD MCPO-CG

5.5 GENERAL ORDERS OF A SENTRY

General Orders are the basic watchstanding guidelines for any Sailor or Marine standing watch as a sentry. This is required knowledge for all NROTC Midshipmen.

1. To take charge of this post and all government property in view.
2. To walk my post in a military manner, keeping always on the alert, and observing everything that takes place within sight or hearing.
3. To report all violations of orders I am instructed to enforce.
4. To repeat all calls from posts more distant from the guard house than my own.
5. To quit my post only when properly relieved.
6. To receive, obey, and pass on to the sentry who relieves me all orders from the Commanding Officer, Command Duty Officer, Officer of the Deck, and Officers and Petty Officers of the Watch only.
7. To talk to no one except in the line of duty.
8. To give the alarm in case of fire or disorder.
9. To call the Officer of the Deck in any case not covered by instructions.
10. To salute all officers and all colors and standards not cased.
11. To be especially watchful at night and during the time for challenging, to challenge all persons on or near my post, and to allow no one to pass without proper authority.

5.6 UNIFORM AND GROOMING STANDARDS

Uniform and grooming standards for both female and male MIDN will be tested throughout the semester. See [Section 6.3](#) Grooming Standards.

CHAPTER VI - UNIFORMS AND SUPPLY

6.1 UNIFORM WEAR

The uniform is an important element in the morale, pride, discipline and effectiveness of the NROTC program. It is important for NROTC MIDN to maintain a high standard of dress and personal appearance. The key elements are neatness, cleanliness, safety and military image. The purpose of this section in the Handbook is to acquaint MIDN with the wearing of the Navy and Marine Corps uniform.

The uniforms are furnished by the United States government and are the Midshipman's responsibility to properly maintain. Proper maintenance includes cleaning, proper wear, and responsibility against loss or theft.

6.1.1 SMARTNESS

Wearing the Navy uniform should be a matter of personal pride to all NROTC MIDN. A Midshipman's dress and conduct shall be such as to reflect credit upon their NROTC unit, school, community, the Navy and the country.

Covers shall be worn squarely on the head, with the bottom edge horizontal. Shoes shall be kept well-shined and in good repair. No articles, such as pencils, pens, watch chains, combs, or similar items shall be worn exposed while in uniform.

6.2 INSIGNIA

6.2.1 CLASS INSIGNIA - SERVICE DRESS BLUE SLEEVE

Class Insignia consists of horizontal stripes worn on the left sleeve of blue coat to indicate class. They are centered midway between shoulder and elbow. The insignia should be attached by tacking the corners with needle and string.

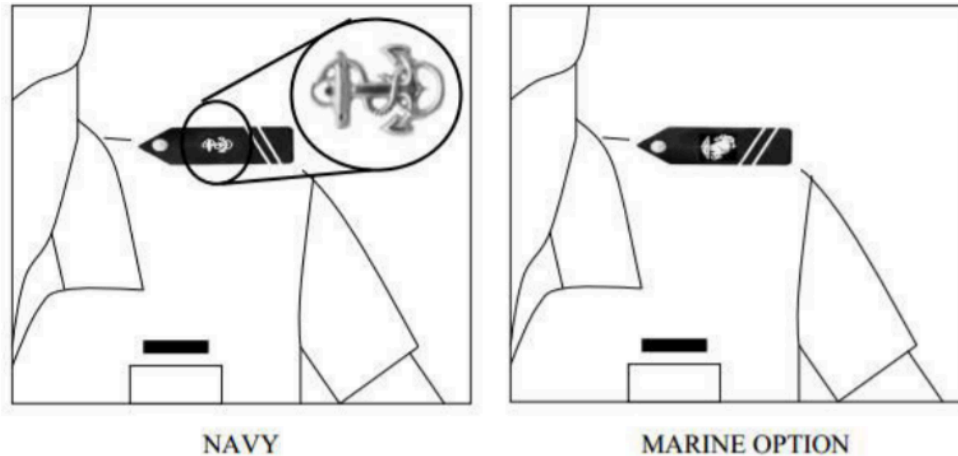


6.2.2 SHOULDER BOARDS

Midshipmen shoulder boards will be worn on both the Summer White and Service Dress Blue uniform. Rigid boards will be worn on the Summer White

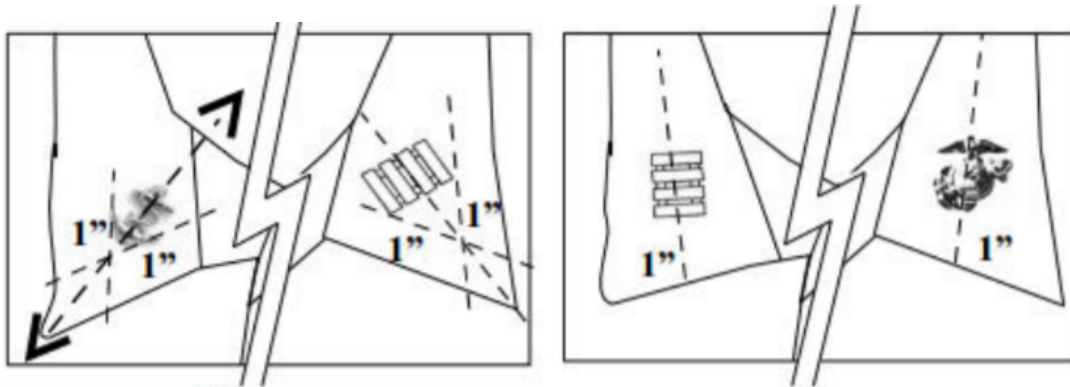
uniform and soft boards will be worn on the Service Dress Blue dress shirt. There are two types of shoulder boards: class and officer. Marine Option Midshipmen will wear shoulder boards with the fouled anchor replaced by an EGA.





6.2.3 KHAKI COLLAR INSIGNIA

Pin the anchor or eagle-anchor insignia to the collar in a vertical position with the center of the insignia approximately 1 inch from the front edge and 1 inch below the upper edge of the collar. The anchor's stock is parallel to the upper edge of the collar and the loose end of the rope is facing outboard. Marine option Midshipmen will replace the anchors with gold enlisted eagle-globe anchor (EGA) devices.



6.2.4 COLLAR ANCHORS FOR SERVICE DRESS BLUE

The stock inclines at an angle of 8 degrees from the horizontal (right and left). Pin it on each collar tip of the coat so the anchor's crown is 1/2 inch above the notch of the lapel (males), 1 inch from the bottom and midway between the two sides (females), and the centerline of the shank is parallel to and approximately 3/4 inch from the collar's outer edge. The lower end of the stock is outboard and the stock approximately horizontal. Marine Option Midshipmen will wear EGA collar devices in a similar manner.



6.2.5 MIDN OFFICER INSIGNIA - SERVICE DRESS BLUE SLEEVE

Wear stripes of gold nylon braid and a gold star on both sleeves of the blue coat. Stripes are centered on the outer side of the sleeve with the lowest stripe 2 inches above and parallel to the edge of the cuff. Center a gold embroidered star, 1 inch across, above the stripes. One ray of the star points down, and the point is $\frac{3}{4}$ inch above the upper stripe.

6.2.6 GARRISON CAP DEVICE

Insignia is a gold metal fouled anchor 1- $\frac{1}{16}$ inches in length with other dimensions proportionate. The un-fouled arm of the stock faces front. Pin it to the left side of the cap in an upright position with the center 2 inches from the front seam and 1- $\frac{1}{2}$ inches above bottom edge. The insignia for MIDN officers is pinned on the right side with the center of the insignia 2 inches from the front seam and 1- $\frac{1}{2}$ inches above bottom edge.

6.3 GROOMING STANDARDS

Maintaining grooming standards within Navy regulations is required of all MIDN throughout their time in ROTC. Failure to do so may result in disciplinary action. Specific standards vary between male and females. Refer to the link below for specific standards:

[United States Navy Uniform Regulations Chapter 2 - Grooming Standards, Article 2201](#)

Hair/grooming/personal appearance while in uniform shall present a neat, professional military appearance. Because it is impossible to provide examples of

every acceptable or unacceptable hairstyle or “conservative” grooming and personal appearance, the good judgment of leaders at all levels is key to enforcement of Navy grooming policy.

6.4 UNIFORM CARE

The longest service of the various uniform articles can be attained only by proper care and maintenance. This information is presented to help prolong the useful life and distinguished appearance of uniforms and equipment. Even new, properly fitted uniforms will not continue to look their best or keep their shape unless they are cared for properly. Carrying large or heavy objects in pockets will destroy the shape of the best uniform. Uniforms shall be stored on hangers. If uniforms are to be stored for a long time, they should be cleaned thoroughly, then packed away in an airtight plastic bag with a packet of desiccant (drying agent) for maximum preservation.

CHAPTER VII - TRAINING

7.1 COMMUNITIES AND SERVICE SELECTION

7.1.1 NUCLEAR PROPULSION

The Nuclear Propulsion Program is highly selective and competitive. Second Class Midshipmen can apply in the spring of their junior academic year and are screened principally on their academic performance. A minimum GPA of 2.7 in engineering, 3.0 in technical majors (math, physics, or chemistry), or 3.25 in non-technical majors is the approximate standard to be considered for initial screening. Additionally, any grade below C- in any course requires a specific explanation. Final selection is based upon individual, academically oriented interviews (in math, physics, and the Midshipman's major) at Naval Reactors in Washington, D.C.

Those selected by Naval Reactors receive an immediate award of \$15,000 upon accession prior to graduation, \$2,000 upon completion of the one-year Nuclear Power School, and up to \$30,000 annually for additional active service commitment after first commitment.

7.1.1.1 SUBMARINE PROGRAM

Following commissioning, Officers selected for service in the submarine community attend six months of Nuclear Power School in Charleston, SC, six months of prototype training in either Charleston, SC or Ballston Spa, NY, and twelve weeks of Submarine School in New London, CT. Upon completion of training, the Officer will be assigned to either a nuclear powered attack submarine, ballistic missile submarine, or guided missile submarine.

7.1.1.2 SURFACE WARFARE OFFICER (NUCLEAR)

Surface Nuclear designated officers become a qualified Surface Warfare Officer (SWO) during an initial sea tour on a conventionally powered ship (approximately two years). After achieving their qualification as a SWO, these officers attend nuclear power training and then serve a second Division Officer tour as part of the Reactor Department on an aircraft carrier (CVN). These officers alternate between carriers and conventionally-powered ships as they advance in their careers.

7.1.2 AVIATION

The Aviation Community is also a competitive, demanding warfare community. With the advanced technology and avionics enabling aircraft to perform a myriad of warfare functions, the Naval Aviation Community demands men and women of

the highest caliber who are willing to make a long-term service commitment. In addition to flying, naval aviators are typically charged with leading a group of aviation enlisted personnel and overseeing their squadron's operations, administration, personnel management, and aircraft maintenance.

7.1.2.1 NAVAL AVIATOR (PILOT)

Medical and physical fitness qualifications are the preliminary criteria for entrance into the pilot pipeline. Meeting the physical requirements, Midshipmen will have their University of Maryland academic record, NROTC Program aptitude grades, Class Ranking and the Aviation Standard Test Battery (ASTB) scores reviewed and compared with other candidates to select the best qualified individuals. Those assigned to aviation report to Pensacola, Florida for Naval Introductory Flight Evaluation (NIFE). Pilot trainees may either stay in Pensacola or move to Corpus Christi, Texas for primary flight training. Depending on their assigned aircraft type, pilots may complete advanced training at several training bases throughout the Gulf Coast. Pilots receive their wings of gold after 18-24 months. They are assigned to their first squadron after six to nine months of aircraft and mission-specific training in a fleet replacement squadron (FRS).

7.1.2.2 NAVAL FLIGHT OFFICER (NFO)

Screening for NFO training is similar to the requirements for a Naval Aviator with slightly less demanding medical and physical condition requirements. NFOs complete all of their flight training in Pensacola or at Randolph Air Force Base in Texas. NFOs receive their wings of gold after 12-18 months. They are assigned to their first squadron after six to nine months of aircraft and mission-specific training in a fleet replacement squadron (FRS).

7.1.3 SURFACE WARFARE OFFICER (SWO)

Surface Warfare requires highly-motivated individuals ready to lead in dynamic shipboard situations. When selected for surface warfare, MIDN have the opportunity to choose the type of ship and homeport of their first duty assignment. Early in the Surface Warrior's service as an Ensign, he/she will serve as a Division Officer responsible for the administrative functions of several Work Centers and may direct twenty or more Sailors to complete technical missions while at the same time serve as a Bridge, Combat Information Center, and Engineering Watch Officer directing the actions of a war-fighting team.

7.1.4 SPECIAL WARFARE (SEAL) OFFICER

Special Warfare provides qualified officers the opportunity to be a member of one of the world's elite fighting forces. The Naval Special Warfare selection process includes the demanding Physical Screening Test (PST) consisting of a swim, distance run, push-ups, pull-ups, and sit-ups. Along with these physical requirements, academic GPA is weighted heavily. Opportunities in this field are limited; therefore the selection process is intense.

7.1.5 EXPLOSIVE ORDNANCE DISPOSAL OFFICER

The Special Operations community is open to all Midshipmen with the community oriented toward diving and explosive ordnance life-cycle management. Selection for Special Operations is highly selective, emphasizing physical fitness and academic excellence.

7.1.6 RESTRICTED LINE/STAFF CORPS

Restricted Line/Staff Corps comprises many different designators:

- Oceanography
- Cryptologic Warfare
- Information Professional
- Intelligence
- Cyber Warfare Engineer
- Medical Officer
- Dental Officer
- Nurse Corps
- Supply Corps
- Civil Engineering Corps

Naval ROTC prepares MIDN to become Unrestricted Line Officers however, only under rare circumstances (such as medical disqualification) will a MIDN commission into the Restricted Line or Staff Corps.

MIDN may submit a package to the Medical Corps/Dental Corps the summer after their junior year. The package for the Medical Corps includes an AMCAS application, an MCAT score report, letters of recommendation, endorsement from the CO, and more. Interested MIDN should speak to their advisor and reference section 4-42 of the ROD (see Appendix A).

7.1.7 NAVAL REACTORS ENGINEER

Naval Reactors Engineers are responsible for researching, designing, maintaining, operating and regulating the nuclear reactors and power plants that drive the most advanced fleet of submarines and aircraft carriers. They set the standard in nuclear reactor research and regulation.

Even though Naval Reactors Engineer is a Restricted Line Designator, MIDN may list it for service selection with approval from Naval Reactors. Interested MIDN should be working toward an engineering degree, have a strong academic record, and speak to their advisor well in advance.

7.1.8 MARINE CORPS OFFICER

All newly-commissioned Marine Officers will report to The Basic School (TBS), a 26-week course for officers at Quantico, VA. Performance at TBS serves as the primary factor in determining an Officer's MOS unless they signed a Flight contract during their time as a MIDN. In their first assignments, Marine Corps Officers are typically assigned as platoon commanders charged with leading enlisted Marines.

7.2 CLUB EVENTS AND FIELD EXERCISES

Each UMD NROTC club will plan events intended to spark interest and educate MIDN about the different warfare communities. These events range from Q&As with Junior Officers, trivia nights, PT workouts, study sessions for selection tests, and much more.

Each club also plans and organizes at least 1 field exercise per semester. These are trips off-campus for even greater exposure to the different service communities. These FEXs typically include visits to historic museums, operational units, and unique community-specific training experiences. Examples of previous FEX locations include: Naval Air Station Patuxent River, Udvar-Hazy Air and Space Museum, and National Archives

Marine Option Midshipmen are also required to attend separate FEXs in preparation for Officer Candidate School where they will practice leadership, hone their land navigation skills, and complete strenuous training. These are held at various locations such as Marine Corps Base Quantico in Virginia and Joint Base McGuire-Dix-Lakehurst in New Jersey.

7.3 SUMMER TRAINING

Each summer, all MIDN on scholarship are required to attend summer training

7.3.1 NAVY OPTION

3/C cruise. CORTRAMID is a 4-week training period where MIDN from units all across the country come to gain immersive exposure in each warfare community during each week of CORTRAMID (SWO, aviator, submarines, marines). MIDN may also opt in to participate in EOD or SEAL familiarization where they will be briefly exposed to the SEAL and/or EOD communities. MIDN may be sent to attend CORTRAMID EAST in Norfolk, VA or CORTRAMID WEST in San Diego, CA.

2/C cruise. Rising 2/C MIDN will be sent to an underway surface ship or submarine where they will be assigned an enlisted Sailor as a running mate. They will observe and help with their duties during the experience and be able to ask questions and experience life underway.

1/C cruise. Rising 1/C MIDN will be sent to an underway surface ship, an underway submarine, or an aviation squadron where they will be assigned a Junior Officer as a running mate. This is a commissioning requirement for all Navy Option Midshipmen, but may be replaced with SOAS, EOD, or another cruise.

SOAS. SEAL Officer Assessment and Selection is the screening process for prospective SEAL Officers. Completion of SOAS is required for a MIDN to list Special Warfare during service selection.

EOD 1/C Cruise. The EOD 1/C Cruise is a screening process for prospective EOD Officers. Completion of this cruise is required for a MIDN to list Special Operations (EOD) during service selection.

7.3.2 MARINE OPTION

3/C Training. CORTRAMID is a 4-week training period where MIDN from units all across the country come to gain immersive exposure in each warfare community during each week of CORTRAMID (SWO, aviator, submarines, marines). MIDN may also opt in to participate in EOD or SEAL familiarization where they will be briefly exposed to the SEAL and/or EOD communities. MIDN may be sent to attend CORTRAMID EAST in Norfolk, VA or CORTRAMID WEST in San Diego, CA.

2/C Training. Marine Month is a month-long familiarization to the Marine Corps as an officer.

1/C Training. OCS is a 6 week course in Quantico, VA. MIDN will develop their knowledge and skills and be screened and evaluated for the

leadership, moral, mental, and physical qualities required of a Marine Corps Officer. This is required for commissioning.

7.3.3 OTHER OPPORTUNITIES

Project GO. Project GO is a nationwide program open to all qualified ROTC MIDN offering fully-funded opportunities in critical language education, overseas study, and cross-cultural experience. MIDN are able to spend months either abroad or in the US participating in a language program that fully immerses them in the culture and language.

NSI detailer. Upper class MIDN are given the opportunity to be a detailer at Naval Station Great Lakes for future incoming NROTC 4/C MIDN.

FOREX Cruise. 1/C MIDN may have the opportunity to participate in foreign exchange programs with foreign naval forces such as the Japanese and Korean forces.

IW Cruise. 1/C MIDN may have the opportunity to participate in a cruise with the Information Warfare community. These cruises include but are not limited to cyber warfare.

APPENDIX

- 8.0 APPENDIX A - [Pertinent NSTC Publications](#)
- 8.1 APPENDIX B - [Fall 2025 BN Slate, Roster, and Email List](#)
- 8.2 APPENDIX C - Academic Term Performance and Counseling Record (1533-115)
- 8.3 APPENDIX D - Degree Completion Plan (1533-115)
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 - Example
- 8.4 APPENDIX E - [Blank Routing Sheet](#)
- 8.5 APPENDIX F - Example Special Request Chit
- 8.6 APPENDIX G - [Blank Special Request Chit](#)
- 8.7 APPENDIX H - NROTC Remedial Action
- 8.8 APPENDIX I - UMD NROTC Chit
 - [Blank](#)
 - [Example](#)
- 8.9 APPENDIX J - [American History and World Culture Courses](#)